

## OUR MISSION

To make every resident feel at home through compassionate care, unwavering expertise, and attention to detail.

## What Makes Us Different

### PREMIUM Patient centered nursing care & THERAPY

We live to exceed expectations. Our state-of-the-art facility and multidisciplinary team of experts ensure every need is met.

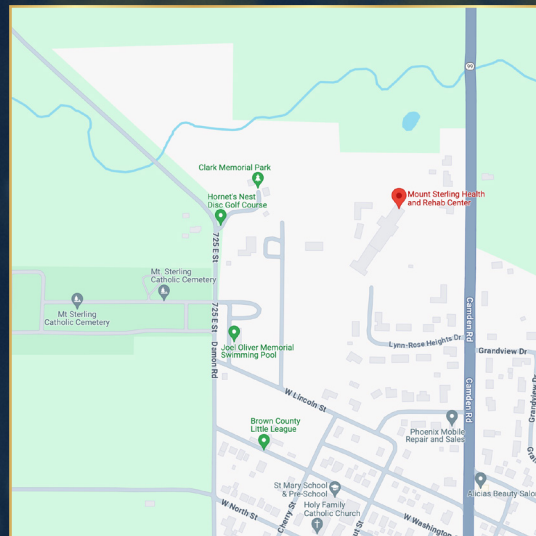
### FROM FRIENDLY & WELCOMING STAFF

You have our attention. Our dedicated specialists and staff pride themselves on offering comprehensive and tailored care to every resident.

### IN A PLACE THAT FEELS LIKE HOME

Excellent care is just the beginning. We foster a friendly and supportive environment where residents feel like family.

# Come in for your PERSONAL TOUR today!



MEDICARE & MEDICAID CERTIFIED  
*Some commercial insurances accepted.  
Contact us to verify your insurance.*

217.773.3377

info@mountsterlinghrc.com

435 Camden Rd  
Mt Sterling, IL 62353

mountsterlinghrc.com



## Where Exceptional Care Meets Premium Comfort





# WELCOME TO MOUNT STERLING

Health & Rehab Center



Experience unparalleled service and expert care at Mount Sterling, your destination for top-of-the-line nursing and rehabilitation services. Our mission is to make every resident feel at home through compassionate care, unwavering expertise, and attention to detail. We work hard to provide a warm, inviting environment where residents can thrive. From personalized care plans to elevated amenities and services, there's something for everyone at Mount Sterling.

## PATIENT CENTERED NURSING CARE

### Experience premium comfort and support

Designed for individuals requiring ongoing support and assistance, patient centered nursing care at Mount Sterling Health and Rehab includes round-the-clock nursing supervision, medication management, and assistance with daily routines and activities. Whether you're in need of long-term care or short-term support, our team is committed to providing attentive, quality treatment.

24-Hour Nursing Care	Respite Services
Medication Management	Hospice Services
Long/Short Term Care	Post-Surgery Care & Illness Recovery

## REHABILITATION

### Restore mobility and reach optimal health

Reclaim independence and function with the rehabilitation program at Mount Sterling. With the help of our expert therapists, residents will complete therapy and exercise focusing on addressing challenges with mobility, pain, and overall physical well-being. Pain management incorporates a multidisciplinary approach to care, from physical therapy and alternative therapy to monitored medications.

Pain Management	Orthopedic Care
Physical Therapy	Speech Therapy
Occupational Therapy	Stroke Recovery
Wound Care	Cardiac Care
Pulmonary Care	

## MEMORY CARE

### Enrich the life of your loved one

Our facility offers a comprehensive range of services tailored to individuals living with dementia or other conditions affecting memory. We strive to provide a seamless, customized care plan and routine for residents, giving them a feeling of security and purpose through various daily activities.

Secured Unit	Tailored Care Plans
Enrichment Program	



## YOU'LL FEEL RIGHT AT HOME.

At Mount Sterling Health and Rehab, exceptional care goes hand in hand with an enriching lifestyle. Our premium amenities are designed to foster connection, create a sense of belonging, and enhance the overall well-being of our community:

### OUR AMENITIES INCLUDE:

- Private and semi-private suites
- Wifi and cable TV
- Fine dining options catered to your dietary needs
- Community spaces and lounges
- Laundry and housekeeping services
- On site transportation

## A CULTURE OF COMMUNITY

We understand the importance of giving our residents the opportunity to stay engaged within their community. We schedule a broad range of activities and outings every month, from shopping trips and socials to visits to popular attractions.