



# MENU

*WELCOME*





## Breakfast

### **Assorted Juice**

A variety of available fruit juices to kickstart your day.

### **Choice of Hot or Cold Cereal**

Start your morning with a comforting bowl of hot cereal or a refreshing serving of cold cereal.

### ♥ **Egg of Choice**

A classic breakfast staple, cooked to perfection.

### **Toast with Margarine/Jelly**

Slices of toasted bread served with margarine and jelly.

### **Milk/Beverage**

Your choice of milk or another beverage.

---

## Lunch

### **Beverage**

Refresh with a beverage of your choice.

### ♥ **Mushroom Hamburger Steak**

Juicy hamburger steak topped with mushroom gravy for a hearty and flavorful meal.

### **Garlic Mashed Potatoes**

Creamy mashed potatoes infused with garlic.

### **Dinner Roll with Margarine**

Soft and fluffy dinner roll served with a side of creamy margarine.

### **Frosted Cake**

Conclude your lunch on a sweet note with a slice of frosted cake.

♥ = Cardiac Friendly Option



## Supper

### **Milk/Beverage**

Your choice of milk or another beverage.

### **Cheesy Potato Soup**

Flavorful soup made with tender potatoes and melted cheese.

### ♥ **Cucumber and Onion Salad**

Refreshing salad featuring crisp cucumbers and thinly sliced onions.

### **Pudding Parfait**

Creamy pudding dessert, a sweet and satisfying treat.

## Evening Snack

### **Fruit Drink**

Refreshing fruity beverage.

### **Assorted Snack/Cookies/Crackers**

A selection of tasty snacks, cookies, or crackers for a satisfying evening treat.

♥ = Cardiac Friendly Option

